



## Grab A Book

Good reads for free from the Societies Office



# Cork Institute of Technology volunteer Abroad 2020

Ever dreamed of taking on a global challenge, volunteering in another country? CIT provides financial support to students who wish to take part in a volunteer programme.

A Scholarship will cover the cost of flights and at least a 4 week volunteer programme during summer 2020. All full-time registered CIT students can apply for support.

CIT has supported 112 students in the past number of years with volunteers travelling to India, Vietnam, Thailand, Philippines, Africa, Zambia, Mexico, South America, and within Europe. Further details go online <http://societies.cit.ie/volunteerabroad>



*CIT Social Care student Michaela O'Shea volunteering with The Hope Foundation in Kolkata, India*



...bringing people together through shared interests



CITsocieties



<http://societies.cit.ie>

Societies Office, Student Centre  
Bishopstown  
aoife.kelliher@cit.ie

021-4335759  
info@cit Societies.ie



# SOCIETIES

## Societies Ball Nights

**Business & Science Ball**  
17<sup>th</sup> October 2019  
**Engineering & Humanities Ball**  
12<sup>th</sup> March 2020  
**Societies Ball 2<sup>nd</sup> April 2020**

**How to Join a society?**  
<http://societies.cit.ie/signup>

**What happens when I join a society?**

- Sign up for free
- Receive direct communication about activities & events
- Access to attend society meetings to vote on society issues

### Academic *course based societies*

Architecture	
Automotive	automotive@cit Societies.ie
Biotechnology	biotech@cit Societies.ie
Chemical Engineering	chemeng@cit Societies.ie
Chem/ Phys	
Civil & Structural Engineering	civilstructural@cit Societies.ie
Construction Management	constructionmgmt@cit Societies.ie
Design & Media	
Electronic Engineering	electronic@cit Societies.ie
Marketing	marketing@cit Societies.ie
Social Care	socialcare@cit Societies.ie

### Activities *instructor led societies*

Alexander Technique	alexandertech@cit Societies.ie
Yoga	yoga@cit Societies.ie

### Interest *societies focusing on a specific hobby*

Airsoft	airsoft@cit Societies.ie
Anime & Manga	anime@cit Societies.ie
Content Creators	contentcreators@cit Societies.ie
Debate	debating@cit Societies.ie
Guild Gaming	guildgaming@cit Societies.ie
Photographic	photographic@cit Societies.ie
Programming	programming@cit Societies.ie
Poker	poker@cit Societies.ie
Sci-Fi	scifi@cit Societies.ie

### Community *societies with a people orientated aim, a cause or a belief*

Cancer	cancer@cit Societies.ie
Christian Union	christianunion@cit Societies.ie
Enactus	enactus@cit Societies.ie
Energy & Environmental	energyenvironmental@cit Societies.ie
Enterprise & Business	enterprise@cit Societies.ie
Indian	indian@cit Societies.ie
International Students	isscit@gmail.com
LGBT*	lgbtcit@gmail.com
Korean	korean@cit Societies.ie
Nutrition	nutrition@cit Societies.ie
Post Grad	postgrad@cit Societies.ie
Vegan	vegan@cit Societies.ie

### Music & Arts *societies that aim to perform*

Comedy	comedy@cit Societies.ie
Dance	dance@cit Societies.ie
DJ	djsoc@cit Societies.ie
Drama	drama@cit Societies.ie
Music	music@cit Societies.ie
Musical	musical@cit Societies.ie
Open Mic	openmic@cit Societies.ie
Trad	trad@cit Societies.ie

### LGBT - Society of the Year 2019



CIT BICS Representatives 2019

**Become A Society Committee Officer**  
Want to be part of the student team that co-ordinate and organize a society?  
To be elected as a **Society Committee Officer** is a huge bonus for your **CV** and it also provides an opportunity to develop communication and team work

*Society based in the CIT Crawford campus, Shorman Crawford Street*

*Society based in the CIT Cork School of Music campus, Union Quay*

*All other societies are based on the CIT Bishopstown campus  
Societies are open for membership to all current **full-time** CIT students and are free to join*

**Want to Start a new society?**  
<http://societies.cit.ie>